### BASIC BELIEFS:

All children with asthma should have procedures of treatment (action plan) outlined by the doctor and parent/s and this should be attached to the student’s records. A copy will be filed at the office and a copy given to the class teacher.

Where children do not have their own action plan the 4 step first aid emergency management plan, as outlined by Asthma Victoria, will be followed.

### GUIDELINES:

- Inhalers and spacers are to be brought to school by parents/guardians and their child’s action plan discussed with the First Aid Co-ordinator. Both Inhalers and spacers are to be labelled with the child’s name and grade.
- Children are encouraged to be self monitoring of their program and to self administer medication. In some cases children will keep their puffers in their classroom/school bag.
- If a child presents to the office with Asthma without their medication, a school puffer via a spacer will be used. The parents will then be contacted.
- If a student suddenly collapses and/or has difficulty breathing, call an ambulance immediately … WHETHER OR NOT the student is known to have asthma.
- All steps of treatment given are to be noted and parents kept informed if the First Aid co-ordinator has concerns.

### 4 STEP FIRST AID PLAN - EMERGENCY MANAGEMENT

1. Sit the student upright and remain calm to reassure the student.
2. Without delay give 4 puffs, 1 puff at a time of the blue labelled inhalant ie: Respolin, Ventolin, Asmol or Bricanyl. The inhalation is given using a puffer and a spacer. Ask the student to take 4 breaths in and out through the spacer.
3. Wait 4 minutes
4. If there is no improvement repeat steps 2 and 3.

If no improvement - call an ambulance immediately (Dial 000) and state that a student is having an asthma attack.

*Continuously repeat Steps 2 to 3 whilst waiting for the Ambulance.*

### BASIS OF DISCRETION:

### PERIOD OF REVIEW:

Annually